

TESTIMONIALS

Eileen is an energetic and knowledgeable person with amazing organizational skills. I spent 10 days with a couple of friends and her, eagerly doing morning walks, afternoon workouts and evening dances. She had us all energized and happy. And we all lost some fat and gained some muscle!

Barbara Weed, bookkeeper, North Bend, Oregon.

Eileen is a master organizer, ensuring even the smallest detail is attended to for a maximum satisfying and memorable trip/experience!

Helen Hrescak, Personal Coach, Vancouver, BC

The trip to Mexico was what the doctor ordered! Lots of relaxing time, as well as exercise and just letting go ! It is great to treat yourself!

Deborah Gabler. President, Legacy Filmworks, Vancouver BC / Los Angeles CA